



# Rotary Club of Steveston Weekly Synopsis

Every Tuesday 7.00 a.m. at the Steveston Hotel 12111-3<sup>rd</sup> Avenue

President Peter Mitchell      Secretary/VP Lee Bennett  
Bulletin Editor: Rtn Wilbur Walrond / Webmaster: Dale Jackaman  
Assistant Paparazzi: Rtn Albert Wong  
Meeting of March 29, 2011



## This month in Rotary: Literacy Month



Well here we are in the last week of Literacy Month and yours truly is back behind the Mouse.

### Guest Speaker

Today's meeting got off to a brisk start to give time to our guest speaker **Dr Edwin Lau**, a Vancouver Yale Town Chiropractor who enlightened us on some of the new ways and techniques in dealing with patients aches and pains other than walking on their backs!



The early risers



Welcome and Thank You Ed

**Dr. Edwin Lau** received his doctorate of Chiropractic from the prestigious Parker College of Chiropractic in Dallas, Texas and graduated near the top of his class. He is from a small city in eastern Ontario called Niagara Falls.

Prior to Chiropractic College Dr. Lau attended and graduated from McMaster University in Hamilton, Ontario with a Bachelor of Kinesiology. Dr. Lau has been interested in Chiropractic since his teenage years due to his own suffering from spinal injuries. After trying all the conventional methods of medicines and physiotherapy, he went to a local Chiropractor where his life was changed for the better. Through that experience, he came to understand the power of regular Chiropractic care.

Testimony to Dr. Lau's expertise and proficiency:

"Seeing the x-rays of my spine and the definite misalignments and degeneration was an eye-opener. Dr. Lau recommended a course of treatment that was comprehensive and affordable and gave me hope that there would be a future with no pain. By the third adjustment, I had my first night's undisturbed sleep!

After the first week of adjustments I knew without a doubt that I was on the road to recovery. Slowly the familiar pains were diminishing and were replaced with renewed energy, comfort and rejuvenation! I feel 15 years younger!" – *Georgina P.*

## The Week that was – and what a week it was!

Our Community of Steveston and its environs turned out in record numbers and in a record short time and with the support of the Steveston Community Society to raise funds for the financial Relief of the Japanese people who were devastated to say the least, by the recent Magnitude 9 Earthquake and its ensuing and inevitable Tsunami.

In a matter of a few hours and from just two locations a couple of blocks apart, a record sum of circa \$75,000 was donated and the funds are still coming in. Final details will be available in due course. In the meantime feel free to give ourselves a pat on the back for a job well done.

## The power of the tsunami... stay with it!

<http://www.bbc.co.uk/news/world-asia-pacific-12725646>

<http://www.dailymail.co.uk/news/article-1365569/Japan-earthquake-tsunami-10-000-people-missing-Minamisanriku-aftershocks-hamper-rescue-efforts.html>

### Our Japanese Tsunami Fund Raiser in Pictures



At Moncton and No 1 Road



Looks like The Man in charge



At Moncton and the Cannery



Looks like the Lady in charge

Our Japanese Tsunami Fund Raiser in Pictures



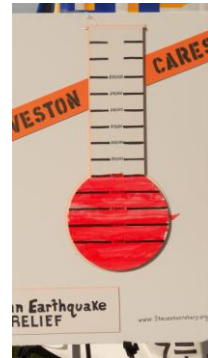
A Happy face brings Happy \$\$\$



And from the Young.....



.....and the still youthful thanks to Laura Takasaki!



Getting there is half the fun!

In other news last week.....



Of course our Wagster had to liven things up under the watchful eyes of our weekly guardian Monica, who drew the winning ticket for.....



.....Last week's winner of Don Pfeffer's 'Monthly Bottle' - our Friend of Rotary Charlie Haws! Wife Joan looks like she has already sampled it!



Our Guest was Rtn Richard Landahl of the Vancouver Club, wanting to know our fund raising secret.



Our other guest was Rtn John Madsen of the Sunset Club

## Sgt of the Week

Rtn Sean Graham, the other Chiropractor, did his best to clean us out – succeeded too!



He even tackled our guest speaker and fellow Chiropractor Dr. Lau and succeeded without having to cause too much pain!



The Head table was a little harder to deal with- one of them tried to look away!

Students learning to save a life while in their CPR classes. Another one of our school projects under Rtn Susan's directorship.



## Rotary Thought for Today

"One man's wage rise is another man's price increase."- Harold Wilson

**April is Magazine Month**, a time to celebrate the global network of Rotary's official magazines, which provide valuable information to 1.2 million Rotarians.

[The Rotary World Magazine Press](#) consists of 32 magazines from Africa, the Americas, Asia, Australia, and Europe that inform, inspire, and entertain in 23 languages. In addition to [The Rotarian](#), Rotary's English-language flagship publication, it offers magazines such as *Vida Rotaria* (Argentina), *Rotary in Bulgaria*, and *The Rotary-no-Tomo* (Japan).

The RI Bylaws require all club members to subscribe to *The Rotarian* or a Rotary regional magazine. Rotary leaders, district governors, and club presidents are encouraged to support magazine editors in their country or region by submitting story ideas, promoting readership, encouraging timely subscription payments, and assisting with other communication efforts.